DiaVis: Nutrition Support for Diabetes & Vision

DiaVis® is a specialized formulation that provides nutrition support for those with diabetes. *DiaVis* delivers nutrients that play a role in normal glucose metabolism, help combat oxidative stress and inflammation, and support visual, nerve and kidney health.

Suggested Use: Take a total of two capsules daily, with meals.

Note: People with diabetes using prescription medications should consult their primary care doctor, as routine monitoring of certain medications is always recommended. Pregnant or lactating women or individuals with medical conditions should consult a physician before using. Keep out of the reach of children.

Supplement Facts

Serving Size 2 capsules — **Servings per Container 30**

	Amount per Serving	% Daily Value
Vitamin C (as ascorbic acid)	550 mg	917%
Vitamin D (as cholecalciferol)	1,000 IU	250%
Thiamin (vitamin B1, from 200 mg benfotiamine)	113 mg	750%
Polyphenol Blend	680 mg	†
VinCare® Whole Grape Extract (80% Polyphenols; 60% Proanthocyanidins)	350 mg	†
Longvida® Optimized Curcumin Extract (from Turmeric, 20% curcumin)	200 mg	†
Quercetin	50 mg	†
Bilberry Fruit Extract (25% anthocyanidins)	25 mg	†
Trans-Resveratrol	10 mg	†
Pycnogenol® French Maritime Pine Bark Extract (65-75% procyanadins)	20 mg	†
Myricetin	15 mg	†
Alpha Lipoic Acid	300 mg	†
Lutein (FloraGLO®)	2 mg	†
Zeaxanthin (FloraGLO®)	120 mcg	†

† Daily Value not established.

Other Ingredients: Gelatin, Water, Rice Flour, Magnesium Stearate, and Silica.

Contains corn and soy.

FloraGLO® is a registered trademark of Kemin Industries, Inc. **LONGVIDA**® is patented protected under EP 1993365, other patents pending and a registered trademark of Verdure Sciences Inc. **Pycnogenol**® is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. patents #5,720,956 / #6,372,266 and other international patents.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

About DiaVis

- Provides nutrition support for those with diabetes mellitus.
- ***New! Improved formula.*** Now includes vitamin B1 as benfotiamine, more vitamins C & D, and a potent polyphenol blend including: VinCare® whole grape extract, Longvida® optimized curcumin extract, quercetin, bilberry extract, trans-resveratrol, Pycnogenol® and myricetin.
- Helps support visual, nerve and kidney health.
- Based on the latest scientific research.
- Can be combined with other ScienceBased Health supplements.
- Formulated by doctors and nutritional scientists.
- Manufactured in NSF®-certified facilities from the finest quality, bioavailable ingredients.
- 30 day money-back guarantee.

DiaVis is available from eye care practitioners or directly from ScienceBased Health.

SBH ScienceBased Health®

1.888.433.4726

www.SBH.com

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Nutrition Support

for Diabetes & Visual Health

DiaVis®

Capsules

Specialized formula to help protect retina, nerve & kidney health

New! Improved Formula

DOCTOR ScienceBased Health® RECOMMENDED

Lifestyle Goals for Long Term Health

If you are among the 29 million Americans with diabetes, there are steps you can take today to help maintain your health and vision down the road: eat a balanced diet, exercise regularly and be consistent in taking your doctor-prescribed medications. These are cornerstones for effectively controlling blood sugar levels, blood pressure and blood fats to reduce risk of complications such as vision loss, heart, nerve and kidney problems.

The American Diabetes Association website (*www.diabetes.org*) is a helpful resource for developing an activity plan and also provides meal planning information. The NIH Diabetes Food Pyramid (*right panel*) is another helpful resource. Along with a healthy diet and physical activity, evidence indicates supplemental nutrition support can also play a role in guarding your general and visual health. *DiaVis*® provides nutrition support for people with types 1 and 2 diabetes.

Combating Oxidative Stress

Oxidative stress happens when the body's production of damaging free radicals is greater than its ability to quench them. Elevated blood sugar can generate free radicals and other dangerous compounds, and people with diabetes often have lower blood levels of antioxidants. Since different antioxidants work together against oxidative stress, *DiaVis* emphasizes a diverse array of potent antioxidant nutrients to bolster body defenses, including: vitamin C, alpha lipoic acid, lutein and important polyphenols – those from whole grapes and Pycnogenol, certain flavonoids, resveratrol, and curcumin from the spice turmeric.

Ensuring Optimal Intake of Key Nutrients

Research has identified nutrients that may be low in diabetics due to altered requirements, inadequate intake, and/or increased excretion. Many of these nutrients play a role in normal glucose metabolism. Researchers, for example, report that type 1 & 2 diabetics excrete more B1 (thiamine), and have low blood levels of this vitamin. Low vitamin D, a nutrient that promotes heart health, is also common in type 2 adults. To help ensure that you are getting sufficient amounts, *DiaVis* delivers key nutrients such as vitamin D, as well as vitamin B1 in the highly bioavailable form of benfotiamine. Curcumin, which holds promise in supporting retinal health, is provided in a form that greatly enhances its bioavailablity.

Helping the Body Maintain Visual Health

Oxidative stress, a build-up of fluids from damaged and leaky vessels, the growth of new blood vessels (angiogenesis) and inflammation can all contribute to vision loss over time. *DiaVis* provides naturally occurring plant compounds and antioxidants that help fight inflammation, and that aid the body's ability to maintain strong blood vessels. Clinical trials report that whole grape extract and resveratrol promote a less inflammatory environment, boost free radical defenses, and positively affect blood lipids in diabetics. The antioxidant alpha lipoic acid helps protect nerve cells, and the flavonoids quercetin, myricetin, and the anthocyanins work together in fighting oxidative stress.

DiaVis offers tailored nutritional support for visual and overall health. Delivering select cell-protecting nutrients, this product can be combined with a comprehensive daily multivitamin and mineral such as ScienceBased Health's *OcularProtect*®. ScienceBased Health's *OmegaAdvance*®, a concentrated source of fish fatty acids with lutein and zeaxanthin, complements *DiaVis* and is also suggested for people with diabetes.

New! Improved formula now includes more vitamins C&D, vitamin B1 as benfotiamine, and a potent polyphenol blend.

References available at ScienceBasedHealth.com/DVref.

The Diabetes Food Pyramid

(http://diabetes.niddk.nih.gov/dm/pubs/eating_ez/#pyramid)

Ordering DiaVis

DiaVis and other ScienceBased Health products are available for purchase through eye care practitioners, by calling Customer Care or by visiting our website.

Toll-free: 1.888.433.4726

www.sciencebasedhealth.com