

# DiaVis: Nutrition Support for Diabetes & Vision

DiaVis® is a specialized formulation that provides nutrition support for those with diabetes or highly at risk for diabetes. DiaVis delivers nutrients that play a role in normal glucose metabolism, help combat oxidative stress and inflammation, and support visual health.

**Suggested Use:** Take a total of two capsules daily, with meals.

**Note:** People with diabetes using prescription medications should consult their primary care doctor, as routine monitoring of certain medications is suggested. Pregnant or lactating women or individuals with medical conditions should consult a physician before using. Keep out of the reach of children.

## Supplement Facts

Serving Size 2 capsules	Servings per Container 30	
	Amount per Serving	% Daily Value
Vitamin A (50% from retinyl palmitate, 50% from beta-carotene)	1000 IU	20%
Vitamin C (as ascorbic acid)	250 mg	417%
Vitamin D (as cholecalciferol)	800 IU	200%
Vitamin E (from d-alpha tocopheryl succinate and mixed tocopherols)	60 IU	200%
Thiamin (from thiamine hydrochloride)	18 mg	1200%
Riboflavin	3.4 mg	200%
Niacin (from niacinamide)	20 mg	100%
Vitamin B6 (from pyridoxine hydrochloride)	10 mg	500%
Folic Acid	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	200 mcg	67%
Magnesium (from magnesium oxide, gluconate)	200 mg	50%
Zinc (from zinc oxide)	7.5 mg	50%
Chromium (from chromium picolinate)	200 mcg	167%
Alpha Lipoic Acid	300 mg	†
Quercetin	110 mg	†
Pine Bark Extract (95% procyanadins)	125 mg	†
Pycnogenol® French Maritime Pine Bark Extract (65-75% procyanadins)	20 mg	†
Lutein (FloraGLO®)	2 mg	†
Zeaxanthin (FloraGLO®)	120 mcg	†

† Daily Value not established.

**Other Ingredients:** Gelatin, Water, Magnesium Stearate and Silica. 

**Pycnogenol®** is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. patents #5,720,956 / #6,372,266 and other international patents. **FloraGLO®** is a registered trademark of Kemlin Industries, Inc.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## About DiaVis

- ▶ Provides nutrition support for those with diabetes mellitus or those highly at risk for this condition
- ▶ Supports visual health
- ▶ Based on the latest scientific research
- ▶ Formulated by doctors and nutritional scientists
- ▶ Manufactured in NSF®-certified facilities from the finest quality, bioavailable ingredients
- ▶ 30 day money-back guarantee

DiaVis is available from eyecare practitioners or directly from ScienceBased Health.



**1.888.433.4726**

[www.sciencebasedhealth.com](http://www.sciencebasedhealth.com)

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# Nutrition Support for Diabetes & Visual Health

# DiaVis®



*Premium multinutrient  
to protect eyes & body*



## Lifestyle Goals for Long Term Health



If you are among the 24 million Americans with diabetes, there are steps you can take today to help maintain your health and vision down the road: eat a balanced diet, get regular physical activity, and be consistent in taking medications your doctor has prescribed.

These are the cornerstones for effectively controlling blood sugar levels, blood pressure and blood fats to reduce the risk of complications such as vision loss, heart and kidney problems.

A helpful resource for developing an activity plan is the Getting Started with Physical Activity guide available on the American Diabetes Association website ([www.diabetes.org](http://www.diabetes.org)). To learn more about healthful eating, visit that website for meal planning information and how to use the Diabetes Food Pyramid, which groups foods based on their carbohydrate and protein content. Along with sound diet and activity plans, evidence indicates that supplemental nutrition support can also play a role in guarding your general and visual health. *DiaVis* provides nutrition support for people with diabetes, or those highly at risk for this condition.

## Combating Oxidative Stress

Oxidative stress happens when the body's production of damaging free radicals is greater than its ability to quench them. Elevated blood sugar can generate free radicals and other dangerous compounds, and people with diabetes often have lower blood levels of antioxidants.

Since different antioxidants work together against oxidative stress, *DiaVis* emphasizes a diverse array of antioxidant nutrients such as vitamins C, E, beta-carotene, lutein, alpha lipoic acid and flavonoids to bolster body defenses.

## Ensuring Optimal Intakes of Key Nutrients

Research has identified nutrients associated with a lower risk of developing type 2 diabetes, as well as those that may be low in diabetics due to altered requirements, inadequate intake, increased excretion or the use of diabetes-related medicines. Many of these nutrients play a role in normal glucose metabolism. Researchers, for example, report that type 1 & 2 diabetics excrete more B<sub>1</sub>, and have low blood levels of this vitamin. Low vitamin D, a nutrient that promotes heart health, is also common in type 2 adults. *DiaVis* delivers key vitamins and minerals such as chromium, magnesium, zinc, vitamin D and the B vitamins to ensure that you are getting sufficient amounts.

## Helping the Body Maintain Visual Health

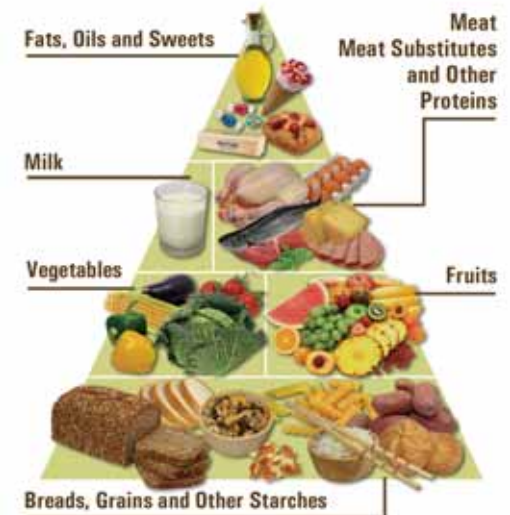
Oxidative stress, a build-up of fluids (edema) from swollen and leaky vessels, the growth of new blood vessels (angiogenesis) and inflammation are all processes that can contribute to vision loss over time. *DiaVis* provides naturally occurring plant compounds and antioxidants that help fight inflammation, and that aid the body's ability to maintain strong blood vessels and a healthy balance of fluids in the eye. Clinical trials report that in people with diabetes, the flavonoid quercetin defends against free radical damage, the antioxidant alpha lipoic acid protects nerve cells, and the compounds in pine bark extract help guard against detrimental changes in the retina.

*DiaVis* offers tailored antioxidant and multinutrient support for full body and visual health in

two capsules daily. ScienceBased Health's **OmegaAdvance**<sup>®</sup>, a concentrated source of fish fatty acids with lutein and olive leaf extract, complements *DiaVis* and is also suggested for people with diabetes.

References available at [ScienceBasedHealth.com/DVref2](http://ScienceBasedHealth.com/DVref2).

## The Diabetes Food Pyramid



## Ordering DiaVis

*DiaVis* and other ScienceBased Health products are available for purchase through eye care practitioners, by calling Customer Care or by visiting our website.



**Toll-free: 1.888.433.4726**  
[www.sciencebasedhealth.com](http://www.sciencebasedhealth.com)