

OmegaAdvance: the Power of EPA & DHA from Highest Quality Fish Oil

OmegaAdvance is a scientifically advanced omega-3 fish oil supplement with lutein and olive leaf extract. This balanced formulation works synergistically with other ScienceBased Health formulations to support healthy vision and promote a healthy cardiovascular system.

Suggested Use: Take a total of two softgels daily, with meals.

Note: Pregnant or lactating women or individuals with medical conditions or taking prescription medications should consult a physician before using. Keep out of the reach of children.

Supplement Facts

Serving Size 2 softgels Servings Per Container 30

	Amount Per Serving	% Daily Value*
Calories	12	
Calories from Fat	10	
Total Fat	1 g	1.5%
Vitamin E (d-alpha tocopherol)	3 IU	10%
Omega-3 Fatty Acids (300 mg EPA, 200 mg DHA from USP®-verified fish oil)	500 mg	†
Olive Leaf Extract (18% oleuropein)	25 mg	†
Lutein (FloraGLO®)	1.5 mg	†
Zeaxanthin (FloraGLO®)	32 mcg	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Beeswax, Water, Lecithin, Lemon Oil Flavoring, Titanium Dioxide and Caramel Color.

Contains lecithin made from soybeans.

FloraGLO® is a registered trademark of Kemin Industries, Inc.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

About OmegaAdvance

- ▶ Delivers omega-3 EPA and DHA to support macular health and promote a healthy cardiovascular system
- ▶ Utilizes highest-quality, pharmaceutical grade fish oil from the purest sources
- ▶ Provides lutein and zeaxanthin to help support healthy vision
- ▶ Includes olive leaf extract with antioxidant polyphenols to ensure omega-3 potency
- ▶ Based on the latest scientific research
- ▶ Formulated by doctors and nutritional scientists
- ▶ Manufactured in NSF®-certified facilities from the finest quality, bioavailable ingredients
- ▶ 30 day money-back guarantee

OmegaAdvance is available from eyecare practitioners or directly from ScienceBased Health.



1.888.433.4726

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Advanced Omega-3

for Healthy Eyes & Heart

OmegaAdvance® SoftGels



Premium omega-3 fish oil supplement with lutein and olive leaf extract; rich in DHA & EPA



Balancing Omega Fats for Better Health



EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) are the two main fatty acids found in fish, especially oily fish such as salmon, sardines and tuna. They belong to a family of essential nutrients known as omega-3 fatty acids.

While studies have shown that a balanced intake of omega-6 and omega-3 fatty acids is health promoting, Americans tend to consume about 5 times more omega-6 fats than is recommended, mostly from common cooking oils, vegetable margarine and meats. Therefore, health experts advise a greater intake of omega-3 fats to achieve a better balance between these two omega families. Improving that balance promotes a healthier cardiovascular system. Emerging research suggests that it may benefit visual health as well.

Omega-3 Fats and Visual Wellness

EPA and DHA play a pivotal role in protecting the nerve cells and vessels in the eye's retina. The omega-3 fatty acids function normally to help decrease production of damaging free radicals and fight inflammation – a process that has been implicated in declining macular health.

Over the past few years, a number of population

health studies report that consuming higher levels of EPA and DHA or fish may improve the odds of retaining a healthy macula. Participants in the AREDS clinical trial with the highest intake of DHA and EPA, for example, were found to have a better chance of maintaining macular health. While further study is needed to confirm these initial findings, consuming more dietary omega-3 fats is recommended by leading health authorities to support cardiovascular health.

Heart Healthy Omega-3 Fats

A recent review confirms that a regular intake of omega-3 fats can help keep the heart and arteries healthy. The ways that omega-3 fatty acids support cardiovascular function are still being studied, but research has shown that they promote regular heart beat rhythm, help maintain healthy triglyceride levels and help slow the growth rate of plaque in blood vessels. How much omega-3 fat is recommended? The American Heart Association suggests that healthy people eat a variety of fish, preferably fatty fish, at least twice weekly. For those that do not eat coldwater fish regularly, supplemental fish oil can help fill the dietary omega-3 gap.

How is OmegaAdvance Unique?

The fish oil in OmegaAdvance is sourced from the purest wild sardine, anchovy and mackerel fished in pristine, deep waters where there are significantly less environmental impurities. This fish oil, which undergoes further purification to help eliminate mercury and other marine contaminants, has achieved verification by the US Pharmacopoeia (USP®), the most rigorous

quality assurance verification.

OmegaAdvance contains vitamin E and polyphenols from standardized olive leaf extract to help protect EPA and DHA from oxidation. The polyphenols in olive leaf extract have been shown to act as antioxidants in the body. OmegaAdvance also contributes lutein and zeaxanthin, providing a level that nearly doubles the typical dietary intake of these nutrients. Plentiful in green leafy vegetables, lutein and zeaxanthin work to filter out blue light that can be damaging to the eye's retina. The absorption of lutein and zeaxanthin is enhanced by the fatty acids in OmegaAdvance.

OmegaAdvance is a perfect add-on to other ScienceBased Health formulations and provides the best benefit when incorporated into an overall healthy lifestyle.

References available at: ScienceBasedHealth.com/OAref

Ordering OmegaAdvance

OmegaAdvance and other ScienceBased Health products are available for purchase through eye care practitioners, by calling Customer Care or by visiting our website.



Toll-free: 1.888.433.4726
www.sciencebasedhealth.com