

Suggested Use: Take a total of two capsules daily, with meals.

Note: Pregnant or lactating women or individuals with medical conditions should consult a physician before using.

MacularProtect AREDS2 contains 80 mg of zinc, a level that was found to support eye health in the AREDS clinical trial. Check with your physician prior to taking MacularProtect to ensure that this level of zinc is appropriate for you. Keep out of the reach of children.

Supplement Facts

Serving Size 2 capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	750 mg	1,250%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	400 IU	1,333%
Vitamin B6 (from pyridoxine hydrochloride)	20 mg	1,000%
Folate (50% from folic acid, 50% from calcium folinate)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	100 mcg	1,667%
Zinc (from zinc oxide)	80 mg	533%
Copper (from copper oxide)	2 mg	100%
Lutein (FloraGLO®)	10 mg	†
Zeaxanthin	2 mg	†

† Daily Value not established.

Other Ingredients: Gelatin, Water, Silica and Magnesium Stearate.



MacularProtect AREDS2

- ▶ A powerful formulation to help protect macular health
- ▶ Delivers levels of vitamins C* and E, zinc, lutein and zeaxanthin recommended by the National Eye Institute, based on the findings of the AREDS and AREDS2 clinical trials
- ▶ Beta-carotene free – appropriate for both smokers and non-smokers
- ▶ Features AREDS2 levels of lutein (10 mg) and zeaxanthin (2 mg)
- ▶ Includes folate, vitamin B6 and vitamin B12 to help protect macular health
- ▶ Manufactured in NSF®-certified facilities from the finest quality, bioavailable ingredients
- ▶ Formulated by doctors and nutritional scientists
- ▶ 30-day money-back guarantee

*Also includes 250 mg additional vitamin C

MacularProtect AREDS2 is available from eye care practitioners or directly from ScienceBased Health.

Powerful Protection for Macular Health

MacularProtect AREDS2 Capsules

Formerly MacularProtect

AREDS2-based formula with lutein and B-vitamins



1.888.433.4726

www.SBH.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Powerful Protection for Your Sight

MacularProtect® AREDS2 is a dietary supplement for those concerned about preserving macular health. The formula is based on the findings of both the original Age-Related Eye Disease Study (AREDS) and the follow-up (AREDS2). The original trial showed that high-risk patients given antioxidants with zinc had a significantly better chance of retaining their vision. MacularProtect AREDS2 delivers the antioxidant nutrients vitamins C and E, zinc, and copper that were included in AREDS. Antioxidants help combat oxidative stress, a process that can damage structures within the eye.

The Important Role of Lutein

Lutein and zeaxanthin are also featured in this formula at the levels tested in AREDS2. Concentrated in foods such as spinach, kale and corn, these nutrients form the yellow pigment of the macula lutea – the area at the center of the eye’s retina where the sharpest central vision occurs. Regular intake of lutein and zeaxanthin contributes to the density of this protective macular pigment. Many Americans, however, consume less than 2 mg daily – far lower than the 12 mg tested in AREDS2.

Analyses of the AREDS2 trial showed that study

participants who received lutein and zeaxanthin fared better than those who did not. Further benefit was seen for those with the lowest dietary intake of these nutrients. The researchers also determined that former smokers should avoid high dose beta-carotene. Based on these findings, the National Eye Institute now recommends the original AREDS formula of antioxidants and zinc for high-risk patients, with lutein and zeaxanthin replacing the formerly included beta-carotene.

Emerging Science: A Key B-Vitamin Trio

MacularProtect AREDS2 provides ample amounts of three B-vitamins: folic acid, vitamin B6 and vitamin B12. Elevated blood levels of a compound called homocysteine can damage the inner lining of small blood vessels in the eye. The B-vitamins help keep levels of this compound lower, and evidence suggests that they support macular health.

A large-scale intervention trial in women found that high dose folic acid with vitamins B6 and B12 taken over a 7-year period improved their chances of maintaining macular health. Results of another long-term, population-health study support these clinical findings, and indicate that even moderate intakes of these B-vitamins may be beneficial.

References available at: SBH.com/MPref

Product Comparison

	MacularProtect AREDS2 <small>(ScienceBased Health) 2 capsules per day</small>	PreserVision AREDS 2 <small>(Bausch & Lomb) 2 soft gels per day</small>
AREDS / AREDS2 Nutrients		
Vitamin C	750 mg	500 mg
Vitamin E	400 IU	400 IU
Zinc	80 mg	80 mg
Copper	2 mg	2 mg
Lutein	10 mg	10 mg
Zeaxanthin	2 mg	2 mg
Other Protective Nutrients		
Vitamin B6	20 mg	–
Folate	200 mcg	–
Vitamin B12	100 mcg	–
Free of Artificial Colors		
	YES	NO

Ordering MacularProtect AREDS2

MacularProtect AREDS2 is available for purchase through eye care practitioners, by calling Customer Care at: **1.888.433.4726** or online: www.SBH.com.

